

# FEEDING PREPARATION GUIDE



1

Always wash hand with soap before preparing the feed.

Wash, clean & sterilize all utensils by boiling for 5 minutes.



2

Boil safe drinking water & allow to cool.

Referring to the <feeding guide>, pour the required volume of lukewarm water into a sterilized feeding bottle.



3

Use only the enclosed scoop. Fill the scoop lightly & level off using the built-in “D Shape” leveler. Avoid compacting milk powder.



4

Pour the correct volume of milk powder into a sterilized feeding bottle. Always add one level scoop of milk powder for each 50ml of water. Cap the bottle & shake it gently until powder is entirely dissolved.



5

Test temperature on wrist before feeding. Feed immediately. Discard unfinished feeds.

## **NOTE:**

- Each bottle should be prepared individually.
- Ideally, prepare the milk powder just before use. If a bottle of made up formula is to be stored prior to use, it must be refrigerated and used within 24 hours.



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